

### **What is a Narcotics Anonymous Foundation Group?**

A Foundation Group is a NA group dedicated to preserving the purest form of Narcotics Anonymous “one addict helping another”. Our focus is the development of new NA literature through an open participatory method. We write new literature without any outside influence or commentary from paid professional writers, or publishing companies. Our original Basic text was written this way. By doing this we work to restore the NA practice of using only literature written by Addicts for Addicts.

### **How does a Foundation Group carry the message?**

Through two types of activities: Writing the new literature and testing it by simply living our lives in recovery and keeping notes. We’ve seen Groups effectively hold written discussion meetings, where the chairperson introduces a topic and the meeting participants write down their personal experience on that topic. Then each shares their written material with the entire group. The handwritten entries are collected by the secretary and become precious input reflective of how we employ Recovery from Addiction in our daily lives.

Naturally all of us have conditioned ourselves to follow instruction since our earliest introduction to NA. We hear seasoned members share the simplicity of living their recovery and try out the methods they share. At first this is cautious and experimental. Later we repeat those things that work for us. Simply by keeping a journal recording how this process works, members of Foundation Groups test the new ideas developed in their meetings.

### **When does the Work become NA LITERATURE?**

Periodically the Foundation Groups hold literature conferences where any member of NA may come to experience the open participatory process. This process created our Basic Text and continues to create the most trustworthy recovery literature available: that which is written by addicts for addicts. At these conferences we evaluate, edit, expand, proofread, and generally mold the work into usable recovery literary documents through the group conscience method. Any and all NA members are welcomed. No special writing skills or credentials are required. We pray, seeking selfless guidance from a loving ultimate authority. We feel that any requirements placed on member’s participation would limit the voice of this loving ultimate authority.

The works in progress are then posted on the website for anyone and everyone to download for free. Printed forms are also available at cost. See: [www.nawol.org](http://www.nawol.org) This effort and open participatory literature development has greatly enhanced our recovery. We encourage you to start or join a Foundation Group.

Foundation Groups are encouraged to participate in the local Service Structure including donating money to World Services, according to the conscience of the group. We also encourage Foundation Groups to share service ideas through workshops for trusted servants in the local area.

#### ***Our common bonds are found in the traditions.***

1. Foundation Groups enhance and improve NA literature through the open participatory writing process. The end result of our efforts is informed unity within the NA fellowship. We encourage addicts to participate in the process and work together toward the common goal.

2. We see ourselves as trusted servants of God’s will. Our core belief is that literature written by addicts for addicts is easiest for the addict to understand and vital to recovery in Narcotics Anonymous.
3. All NA members are welcome at the Foundation Group. Many are open ended meetings with no time limit. Even those persons who cannot read are encouraged to participate and give feedback.
4. The development of new NA literature may affect NA as a whole in a positive way. Therefore, foundation groups communicate, interact, and support each other with road trips, literature conferences, telephone, and internet (E-mail and websites). Check out [NAWOL.org](http://NAWOL.org).
5. As Foundation Groups, we have chosen to express our primary purpose by helping to develop new recovery literature.
6. Foundation Groups work on recovery material. There are no paid professional writers involved and all literature generated is for the fellowship use only. We copywrite our work to protect it during development. We encourage members to read it and copy at will, but not for resale. Often Foundation Groups will reproduce excerpts for distribution to other groups as a way to encourage input.
7. Foundation Groups are fully self supporting and are encouraged to donate surplus monies to their area service committees, according to the conscience of the Group.
8. Foundation Groups, voluntary members producing new literature through open participation are the opposite of professionalism in NA.
9. Foundation Groups acting as committees or doing projects are directly responsible to their members. Group Conscience is always the guiding force in all our service work.
10. Foundation Groups focus exclusively on recovery from addiction insuring we never state group opinions on any outside issue.

